

Chef's choice

MENU MARCH 2024
TUEADAY DELIVERY

Meal 1

Meal 2

Meal 3

Meal 4

Tuesday
Mar. 5

NO DELIVERY
Korea trip 6 February - 9 March

Tuesday
Mar. 12

Blackened salmon/tempah with
pineapple cucumber salsa,
Quinoa, Green beans

Slow-baked beans with leafy
greens, Quinoa, Green beans

Tteok-galbi (Soy glazed beef/tofu
patties), Rice with korean
mountain herbs, Radish kimchi

Vegan yukgaejang (Korean spicy
silken tofu soup with leeks and
taro stems), Rice with korean
mountain herbs, Radish kimchi

Tuesday
Mar. 19

Lemon caper fish/tofu cakes,
Freekeh with roasted vegetables

Camaralized cabbage with brown
butter tahini sauce, Freekeh with
roasted vegetables

Cumin lamb/Vegan chicken
with chili pickled green beans,
Smashed cucumbers with
sesame crunchy chili, Brown rice

Vegetarian hot & sour soup,
Smashed cucumbers with
sesame crunchy chili, Brown rice

Tuesday
Mar. 26

Sea bass & tumeric potatoes in
rasam broth, Snake bean & peanut
achar, Jasmin rice

Five spice tofu with steamed
aubergine & cardamom passata,
Jasmin rice

Chicken marbella with dates &
olives, Whole wheat pasta with
roasted vegetables

Spicy roasted parsnip soup,
Whole wheat pasta with roasted
vegetables

Dishes may change depending on the availability of ingredients.